

Bike & BrunchSM

All rides Meet at 9:30, and leave promptly at 10:00 (unless otherwise noted)

NOTE: JULY and AUGUST rides have an earlier start time.

<p>Sunday, July 5 Bridges to the Past, Thurmont , MD. <i>19/30 miles. Gentle Hills.</i> Thurmont Community Park: Take I-270 North to Route 15 North in Frederick . Take Route 15 North for 16.3 miles to Route 806 (Note that there are several exits for 806 and you do not want the 1st one, so watch your mileage), the Thurmont EXIT. At the end of the exit ramp, turn RIGHT. Turn LEFT at the traffic light onto Route 806. In .5 miles turn LEFT into the park</p>	<p>Sunday, August 9 Lake Needwood BBQ Ride, Gaithersburg, MD. <i>10 & 29 miles. Mostly Level/ Moderate Hilly</i> Ride Start: Lake Needwood Park, Gaithersburg, MD 20855 Take I-495 to I-270 North. EXIT at Shady Grove Road. Stay to the RIGHT on Redland Road. In 1.2 miles, cross 355 Rockville Pike. Continue for approx. 1 mile and turn RIGHT on Needwood Rd. at the light. Pass golf course. Turn RIGHT into Lake Needwood Park. Follow road past first picnic site to a stop sign. Turn RIGHT into parking lot for PICNIC AREA #2. (Arrive early for a parking spot in the lot). (Map: http://tinyurl.com/kmnhc4) Please RSVP to social@bikeandbrunch.com MEET AT 10:00, LEAVE AT 10:30</p>
<p>Sunday, July 12 Chesapeake to Patuxent, Northern HS <i>29 & 38 miles. Gentle hills.</i> Take I-495 to exit 11, MD 4 east. Go east and south approximately 20 miles on Rte 4 and take a right on Chaneyville Road. Go 0.8 miles; take a left into Northern High School parking lot. (Map: http://tinyurl.com/4os4e2)</p>	<p>Sunday, August 16 Portside Pacer, Indian Head, MD. <i>11/30 miles. Gentle hills</i> Take I-495 to exit 3A, Indian Head Highway South, Route 210. Go south approximately 14 miles on Indian Head Highway and take a left on Route 227. Go 0.8 mile, take a right into JC Parks Elementary School parking lot. (Map: http://tinyurl.com/3po78t)</p>
<p>Sunday, July 19 Warrenton Wanderer, Calverton, VA Ride Start: H.M. Pearson ES, <i>22/37 miles Gentle Hills</i> Take I-66 West to EXIT 44, Route 234 South. Go 5 miles and EXIT to Route 28 South. Go 11.5 miles and turn RIGHT onto 603 in Calverton. Go .9 miles and turn RIGHT into the school. (Map: http://tinyurl.com/44camc)</p>	<p>Sunday August 23 New Market Ramble, New Market, MD <i>25 Miles – Hilly</i> Ride Start: New Market Middle School Take I-270 North towards Frederick. Take EXIT 31A toward Grove Stadium, stay in LEFT hand lane. Take I-70 toward Baltimore. Take EXIT 62 (New Market), turn LEFT on route 75N. Turn LEFT on Rt. 144W/National Pike. Go through town of New Market (it's very small). We will meet in front of the Elementary School/Middle School Complex on the RIGHT as you leave the historic part of town. (Map: http://tinyurl.com/mpy8kw)</p>
<p>Sunday, July 26 All Sides of Sugarloaf, Poolesville, MD <i>24/35 miles. Moderate Hills</i> Ride starts at Poolesville High School. Take I-270 North to EXIT 6B, Route 28 West. Follow Route 28 West for 11.5 miles. Turn LEFT on Route 107, Whites Ferry Rd. Continue for 5 miles into Poolesville. Turn LEFT on West Willard Rd. Go 0.2 miles and turn LEFT into Poolesville High School parking lot. (Map: http://tinyurl.com/4f26gl)</p>	<p>Sunday, August 30 Waterford Cruiser, Purcellville, VA. <i>15/31/34 miles. Short option flat/Long option moderate hills</i> Take I-495 to exit 12, VA267 Dulles Toll Rd to the end & continue onto the Greenway Toll Rd to its end in Leesburg. Take VA-7 Bypass West 9 miles to Purcellville exit VA-287(VA7-BR) Lovettesville. Left onto VA-287 Berlin Rd. Go 0.2 miles and turn Right on Hirst Rd. Go 0.4 miles and turn Left on Maple Ave/722. Go 0.2 miles and turn Left into Loudoun Valley H.S., just past bike trail. Note: this is <i>not</i> the same as Loudoun County HS! (Map: http://tinyurl.com/3rn65w)</p>
<p>Sunday, August 2 Hidden Amish, Bryantown, MD. <i>25/33/49 miles. Gentle hills.</i> Take I-495 to exit 7A, Route 5 (Branch Ave. South) to Waldorf. Go 12 miles, and follow signs left to Route 5 (Mattawoman Beantown Rd). Go 3.2 miles and turn left onto Route 5 (Leonardtown Rd.) at Gateway Plaza. Go 4.9 miles and turn right on to Oliver's Shop Rd (Route 232) at blinking light. Go 1.1 miles and turn right into TC Martin Elementary school (Map: http://tinyurl.com/4uo6hf)</p>	

Call (301) 881-BIKE, confirm directions or for weather-related cancellations or changes

E-mail bbq@bikeandbrunch.com to RSVP for BBQ rides

If you ride with us, you **MUST** wear a helmet

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